

Test Name

B-type natriuretic peptide (BNP)

Synonyms

BNP, Brain natriuretic peptide

Test Code

248

Specimen Type

Lavender EDTA plasma, frozen

Preferred Container

Transfer cell-free plasma to a storage tube and tightly stopper the tube. Freeze immediately.

Alternate Container

None

Minimum Volume

0.5 mL

Temperature/Stability

Frozen

Handling

Dedicated tube preferred. Cannot add CBC to this tube.

Reject

Serum, heparin, NaF/oxalate; severely hemolyzed

Special Instructions

The test may exhibit interference when sample is collected from a person who is consuming a supplement with a high dose of biotin. Patients should be cautioned to stop biotin consumption at least 72 hours prior to sample collection, if possible.

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